

## “JOY IN YOUR HEART”

by Kay Quist, Copyright 2001

### PALETTE

#### DECOART AMERICANA ACRYLIC PAINTS

Victorian Blue, Medium Flesh, Golden Straw, Honey Brown, Deep Midnight Blue, Delane's Dark Flesh, Delane's Cheek Color, Soft Peach, Burnt Sienna, Milk Chocolate, Dark Chocolate, Moon Yellow, Napa Red, Black Plum, Tangelo Orange, Light Avocado, Avocado, Hauser Light Green, Olive Green, Evergreen, Antique White, Soft Black, Ice Blue, Titanium(Snow)White, Lamp(Ebony)Black, Raw Sienna, Payne's Grey, Indian Turquoise, Desert Turquoise, Antique Rose, Violet Haze, Dioxazine Purple

#### MIXED COLORS:

DARK GOLD MIX: (1:1) Golden Straw + Honey Brown

MEDIUM BLUE MIX: (1:1) Ice Blue + Deep Midnight Blue

#### DECOART HEAVENLY HUES, EARTH BROWN, DHH06

#### MISCELLANEOUS SUPPLIES:

DecoArt Americana Multi-Purpose Sealer

DecoArt Americana Matte Spray Sealer/Finish or

DecoArt Americana Matte Varnish

Stencil: STE104- ?, 3/8", ?" Checks

Wooden mirror frame, without mirror, available from Unique Woods

Mirror purchased from local glass and mirror company

Sawtooth hanger

#### WOOD CUTTING INSTRUCTIONS:

Cut from ?" wood. Rout backside of frame opening ?" wide and ?" deep to hold picture. To make stand, on backside drill a hole at the center line of frame, 7/16" up from bottom edge, to fit a 3/8" dia. Wooden dowel, which is cut 2 ?" long

#### WOOD PREPARATION:

Follow General Instructions for Sealing Wood. Sand smooth, wipe clean. Apply one coat of Heavenly Hues, Earth Brown to back of wood piece. Apply basic pattern lines.

#### PAINTING INSTRUCTIONS:

HANDS: Base with MEDIUM FLESH. Shade float with DELANE'S DARK FLESH.

Highlight with SOFT PEACH.

FACE: Base with MEDIUM FLESH. Shade float with DELANE'S DARK FLESH. Float cheek area with DELANE'S CHEEK COLOR. Apply facial feature pattern lines. Using very thin BURNT SIENNA and a fine liner brush go over all pattern lines and let dry. Shade float behind eyes, next to nose, bottom edge of nose and around lips with DELANE'S DARK FLESH. Using SOFT PEACH, float under eyes, center of nose

between forehead and tip and also across chin. Fill in lips and shade float bottom edge of nose with DELANE'S CHEEK COLOR.

Shade float bottom lip with HERITAGE BRICK. Outline nose and make lip line with BURNT SIENNA. Add highlights of LIGHT BUTTERMILK to cheeks and nose.

EYES: Base iris with DARK CHOCOLATE. Base pupil with LAMP(EBONY)BLACK. Float bottom edge of iris with ANTIQUE WHITE then make a highlight dot with LIGHT BUTTERMILK. Outline eyelid with DARK CHOCOLATE and make eyelashes this color and SOFT BLACK. Make eyebrows with RAW SIENNA and then deepen lightly with DARK CHOCOLATE.

HAIR: Base with DARK CHOCOLATE. Shade float with LAMP(EBONY)BLACK. Line with MILK CHOCOLATE. Base bangs on forehead with MILK CHOCOLATE. Shade float with DARK CHOCOLATE. Highlight float with RAW SIENNA.

HAT: Base with DARK GOLD MIX. Shade float with MILK CHOCOLATE then repeat with DARK CHOCOLATE. Highlight float with GOLDEN STRAW then repeat with MOON YELLOW. Make trim line with TITANIUM(SNOW)WHITE. Base hatband with ANTIQUE ROSE. Shade float with NAPA RED then repeat with BLACK PLUM. Highlight float with DELANE'S CHEEK COLOR and then repeat with TANGELO ORANGE. Base leaves at sides of flower with AVOCADO. Highlight float with HAUSER LIGHT GREEN and then repeat with OLIVE GREEN. Shade float with EVERGREEN. Base leaf at top with LIGHT AVOCADO. Highlight and shade float same as other leaves. Base Daisy flower with ANTIQUE WHITE. Shade float lightly next to center with LIGHT AVOCADO and also line petals. Base center with DARK GOLD MIX. Shade float with MILK CHOCOLATE then repeat with DARK CHOCOLATE. Make trim line with LAMP(EBONY)BLACK. Make highlight dots on center and also on leaves with TITANIUM(SNOW)WHITE.

COLLAR: Base with ANTIQUE WHITE. Shade float with MILK CHOCOLATE. Highlight float and stipple with TITANIUM(SNOW)WHITE.

DRESS: Base with MEDIUM BLUE MIX. Stencil on "?" checks with VICTORIAN BLUE. Outline checks with double lines of INDIAN TURQUOISE. Make stardots with TITANIUM(SNOW)WHITE. Shade float with DEEP MIDNIGHT BLUE then repeat with PAYNE'S GREY. Highlight float and stipple with DESERT TURQUOISE and then repeat with INDIAN TURQUOISE.

FRAME: Base with LAMP(EBONY)BLACK. Undercoat all flowers, leaves and berries with ANTIQUE WHITE.

LEAVES, FLOWERS & BERRIES: Base all #1 leaves with AVOCADO. Shade float with EVERGREEN. Highlight float with HAUSER LIGHT GREEN then repeat with OLIVE GREEN. Base all #2 leaves with LIGHT AVOCADO. Shade and highlight float same as other leaves. Base all #3 leaves with HAUSER LIGHT GREEN. Shade float with EVERGREEN. Highlight float with OLIVE GREEN. Base Tulip flowers with ANTIQUE ROSE. Shade float with NAPA RED then repeat with BLACK PLUM. Highlight float with

DELANE'S CHEEK COLOR then repeat with TANGELO ORANGE. Highlight tips of petals with fine lines of MOON YELLOW. Paint Daisy flowers same as on hat. Place highlight dots same as on hat. Base stems for berries with MILK CHOCOLATE. Highlight with MILK CHOCOLATE plus a tad of ANTIQUE WHITE. Base berries with VIOLET HAZE. Shade float with DIOAZINE PURPLE plus a tad of VIOLET HAZE. Highlight float VIOLET HAZE plus a tad of TITANIUM(SNOW)WHITE. Make highlight dots with TITANIUM(SNOW)WHITE.

LETTERING: Base with ANTIQUE WHITE and highlight with TITANIUM(SNOW)WHITE. Make a trim line of VICTORIAN BLUE, 1/8" in from outer edge of frame.

#### FINISHING TOUCHES:

Give project 2 to 3 coats of DecoArt Americana Matte Spray Sealer/Finish or DecoArt Americana Matte Varnish. Attach mirror to back. Attach Sawtooth hanger.